Joyce Fulton	1960, 1962, 1963, 1964, 1965, 1966, 1967 (now Howden)	7	1	1963, Champions
Margaret Cooper	1960, 1962, 1963, 1964, 1965, 1966 (now Berrington), 1967, 1968, 1969, 1973, 1975,	11	2	1991, Champions
Pauline Edwards	1960	1		
Liz Starkie	1960, 1962, 1963,1964, 1966, 1968, 1969, 1970 (now Wagstaff),	8	3	
Evelyn Fulton	1960, 1963 (now Hustwit).	11	4	
Sally Houldsworth	1962, 1963, 1964, 1965, 1966, 1967, 1968, 1969, 1970, 1971, 1972,	11	5	
Val Clarke	1962, 1963, 1964, 1965, 1966, 1967,	6	6	
Sue Mappin	1964, 1965, 1966, 1967, 1968, 1969, 1970, 1971, 1973, 1975, 1976, 1979, 1981, 1985,	14	7	
Charlotte Lindsay	1964, 1965, 1968, 1969, 1973, 1975, 1976, 1977, 1979, 1981,	10	8	
Ros Scott	1966, 1967, 1968, 1969, 1970, 1971	6	9	
Ann Moeller	1968, 1969, 1970 (now Dickinson),	3	1	
Wendy Slaughter	1968, 1969, 1970, 1971, 1973, 1975, 1976, 1977, 1979,	9	10	
Gill Smith	1970, 1971, 1973,	3	2	
Joyce Howden	1970, 1971, 1973, 1975, 1976, 1977,	6	11	
Shirely Sivil	1973, 1975,	2		
Lyn Robinson	1973, 1975, 1976, 1977, 1979, 1982, 1984, (now Lyn Wright),	7	12	
Christine Carey	1975, 1976,	2		
Gill Cooper	1976, 1977, 1979, 1981, 1982, 1984 Now Gill Brook), 1985, 1986, 1988,	9	13	
Jo Smedley	1977, 1979, 1981, 1982, 1984,	5	14	
Julia Hancock	1977,	1		
Sue Smedley	1979, 1981, 1982, 1986, 1987,	5	15	
Ann Bradley	1979,	1		
Cath Berry	1981, 1982, 1984, 1985, 1986, 1987, 1998, 1989, 1990, 1991, 1991, 1992, 1993, 1995, (Davies).	14	16	
Bev Lockwood	1981, 1982,	2		
Joan Sculthorpe	1981, 1982, 1984, 1985, 1986, 1987,	6	17	
Sarah Longbottom	1982, 1984, 1985, 1986, 1987, 1988, 1989, 1991, 1992, 1993, 1995, 1997, (now Thomas)	12	18	
Jackie Holden	1984, 1985, 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1997, (now Hudson),	10	19	
Joanne Smith	1984,	1		
Karen McLoughlin	1985, 1986, 1987, 1988, 1989, 1990 (now McGuise), 1991, 1992, 1993, 1997,	10	20	
Veronica Asquith	1985,	1		
Bev Lockwood	1986, 1987, 1988,	3	21	
Samantha Armitage	1987,	1		
Vanessa Wait	1988,	1	22	
Nina Topper	1988, 1989, 1990, 1992, 1993, 1995,	6	23	
Alison Moverly	1989, 1990, 1991, 1992, 1993, 1995, 1997,	7	24	
Katie Howden	1989, 1990, 1993, 1995, (NOW Charnock)	4	25	
Maggie Loughton	1990, 1990,	2		
Sarah Collinson	1989,	1		
Helen Young	1991, 1992, 1993, 1995,	4	26	
Louise Johnson	1991, 1992, 1995, 2002,	4	27	
Kirsty Llewellyn	1993,	1		
Sally Boulding	1995,	1		
Megan Hughes	1995, 1997,	2		
Dinah Watson	1997,	1		
Sarah Stirk	1997,	1		
Clare Farrar	1997,	1		
Clarire Sewell	1997, 2002,	2		
Daniella Brown	2002,	1		
Jane Donald	2002,	1		
Sarah Gregg	2002,	1		
Lynsey Jacks	2002,	1		
Alice McKenzie	2002,	1		
Victoria Sharpley	2002,	1		
Eleanor Dean	2019,	1		
Jo Craven	2019,	1		
Sofie Woon	2021, 2022	2		
Rebecca Hill	2019, 2022,	2		
Holly Horsfall	2019,	1		
Victoria Lapthorne	2019, 2022	2		
Laura Hopton	2019,	1		
Isabelle Hearnshaw	2019, 2021, 2022	3		
Serena Nash	2019, 2021, 2022	3		
Megan Hopton	2019, 2021,	2		
Katie O'Brien	2021,	1		
Orla Cooper	2021, 2022,	2		
Jayanne Palmer	2021, 2022,	2		
Jessica Dawson	2021,	1		
Savanannah Dada-Mascoll	2021, 2022	2		
Sarah Copley	2022,	1		

Non-playing captains not in the list above
Nicola Mooney
Jo Craven in but does not qualify by number of times played.